



YOUR POP n PR SWEET SHEET

by

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JUST DO EEEET!

Hey VideoStar!

Yep, a little PR (Positive Reinforcement) goes a long way.

Use this Sweet Sheet to bring a lil positivity to your video-making adventures.

Print up copies of the following sheets and fill them out as you make your Video Missions this week (and beyond).

It may seem corny, but acknowledging the baby steps helps A LOT when you're first getting started making videos.

We got this!

And as always...

Dream up,



Sarah Michelle Brown
Your Virtual Video Director



POSITIVITY TRACKER

VIDEO MISSION TOPIC:

THREE THINGS I DID WELL:

- 1.
- 2.
- 3.

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- 1.
- 2.
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POSITIVITY TRACKER

PRACTICE VIDEO TOPIC:

THREE THINGS I DID WELL:

- 1.
- 2.
- 3.

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*Be sure to share your
questions and ah-hahs in the
Facebook group!*